

February 2024

Use and Knowledge of Non-Drug Interventions: Interview & Co-Design

Bond University Human Research Ethics Committee Approval No: HG00045

We are a team of researchers at the Institute for Evidence-Based Healthcare at Bond University. In collaboration with Royal Australian College of General Practitioners (RACGP), we are conducting a program of research to optimise the use of non-drug interventions (NDIs) in primary care, which includes developing an effective platform for prescribing non-drug interventions.

The Institute for Evidence-Based Healthcare at Bond University invites you to participate in a qualitative interview about your experience with NDIs, and to contribute to the co-design of an electronic platform for prescribing NDIs – the “e-HANDI” (HAndbook of Non-Drug Interventions, endorsed by RACGP). We are seeking patient input in the development of the tool.

NDIs are treatments that use interventions such as exercise, physical therapies, diets, or psychological interventions, rather than pharmacological treatments. Despite many being as effective as pharmacological therapies, NDIs are currently under-utilised in patient management.

Participation in this study is completely voluntary and you may withdraw at any time without any consequence. If you choose to withdraw your participation and data in this study, the information you have provided will be destroyed. No data provided will be able to be traced to you, and at no point will you be able to be identified in any research outputs. All the data collected in this study will be treated with complete confidentiality and will only be accessible to researchers working on this project. Data will be stored in a secured location at Bond University for a period of 5 years in accordance with the guidelines set out by the Bond University Human Research Ethics Committee.

It is anticipated that the data collected during this study will assist us in understanding the enablers and barriers to the use of non-drug interventions from the patient or ‘consumer’ perspective and assist us to develop a HANDI e-board for prescribing in general practice. Your participation in this study will enhance work towards optimise the use of non-drug interventions in primary care.

If you have any questions regarding the study, don’t hesitate to contact Dr Loai Albarqouni at lalbarqo@bond.edu.au. This research has been approved by Bond University Human Research Ethics Committee (Approval number: HG00045).

Should you have any complaints concerning the manner in which this research is being conducted please make contact with –

**Bond University Human Research Ethics Committee,
Bond University Office of Research Services.
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We thank you for taking time to assist us with this research.

Yours sincerely,

Dr Alexandra Davidson, PhD, Research Fellow,
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