



ADACAS Advocacy

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# Aged Care Advocacy Services



# Contact Us

Get in touch to speak to the  
ADACAS Older Persons Team  
about how we can help you.

-  (02) 6242 5060
-  [adacas.org.au](http://adacas.org.au)
-  [adacas@adacas.org.au](mailto:adacas@adacas.org.au)

Unit 14, 6 Gritten Street  
Weston Community Hub  
WESTON ACT 2611



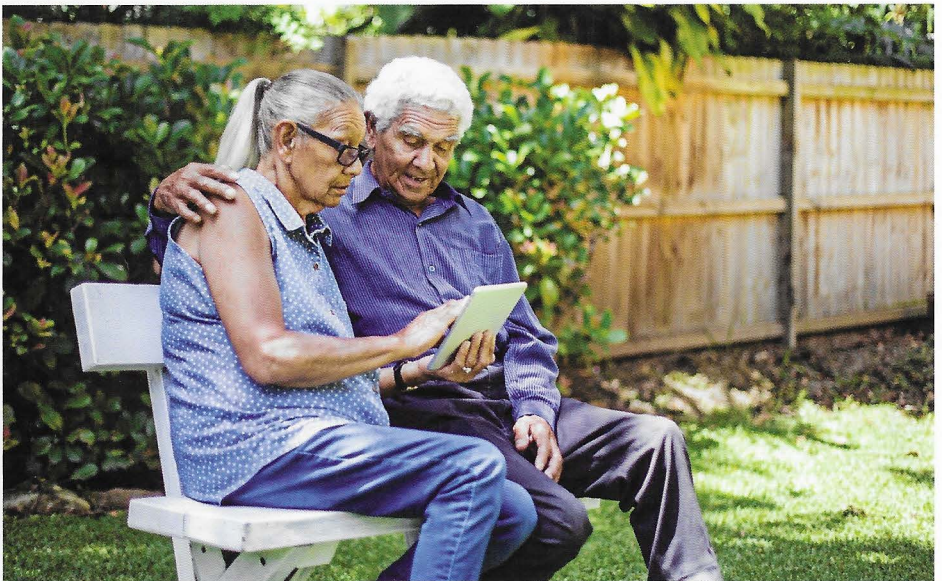
Supported by funding from the Australian Government

## Help with aged care

Do you or someone you know need help with:

- A problem with your aged care service?
- Accessing Residential Aged Care or Support at Home services?
- Communicating your concerns to your aged care provider or making a complaint?
- Understanding the Support at Home fees and charges on your invoices and statements?
- Matters relating to elder abuse or neglect?

Our team can help! ADACAS is an independent human rights organisation that provides free advocacy and information to older people in Canberra and their carers.



## How we can support you

Whether you live in your own home or reside in an aged care facility, our team will support you to:

- Provide awareness of your rights when accessing services under the new Aged Care Act 2024;
- Assist with navigating the aged care system and My Aged Care programs;
- Translate complex systems and information;
- Ensure that your needs are being heard; and/or
- Help you to self-advocate when someone is not doing what you need or want.

ADACAS is an inclusive organisation that welcomes Aboriginal and Torres Strait Islander people, those where English is not their first language and people from the LGBTIQ+ community.

## Learn about your rights and access to services

To connect with our team, book an education session, or to ask them questions about how they can help you, simply scan the QR code!

Find out more about how we advocate for you at the ADACAS website at [adacas.org.au/services/aged-care/](https://adacas.org.au/services/aged-care/)

