

## Getting Started

You don't need to work it all out yourself.

**Step**  
**01**

Contact **My Aged Care** to get an assessment -  
Call 1800 200 422 or visit  
[myagedcare.gov.au](http://myagedcare.gov.au)

**Step**  
**02**

Talk to **Northside Community Service** about getting started as your Support at Home provider

**Step**  
**03**

We help from there -  
We will guide you through the next steps

*"The support I receive from Northside Community Service is well organised, responsive, and reassuring. I feel listened to and well cared for."*

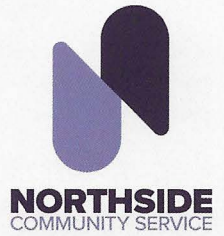
**Wilma, Northside client**

Scan QR code  
to know more



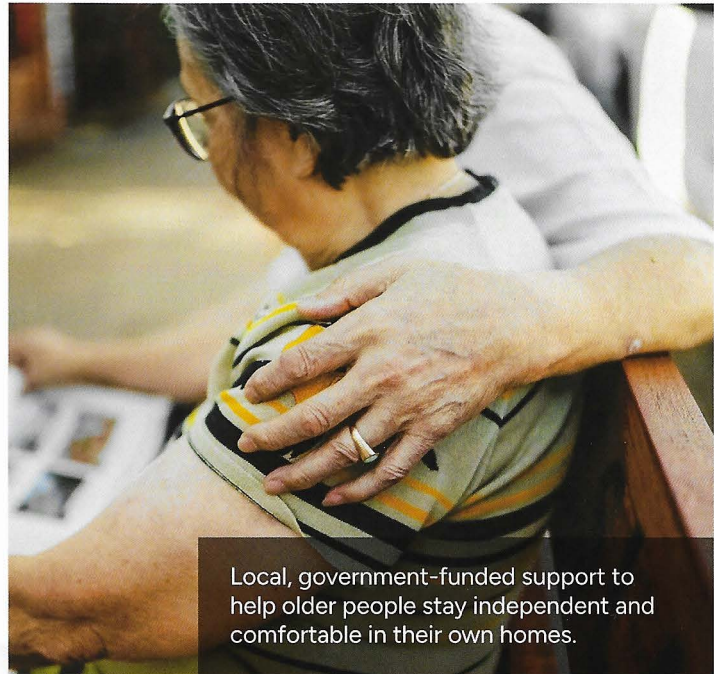
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Dickson ACT 2602

(02) 6171 8000  
[aged.care@northside.asn.au](mailto:aged.care@northside.asn.au)



# Support at Home

helping you live well,  
at home



Local, government-funded support to help older people stay independent and comfortable in their own homes.

## What is Support at Home?

An Australian Government program that helps older people pay for care and support while continuing to live at home.

It brings different services together so you can:



Stay in familiar surroundings



Receive the right level of help as needs change



Feel supported without needing to move

## How to access it

Support at Home is accessed through **My Aged Care**, and you choose a provider to help organise your care.

## How Northside Community Service can help

We take the time to understand you — what you need now and what may help in the future.

### Support may include:



Help with everyday household tasks



Personal care and daily routines



Getting out and about or to appointments



Health-related care at home



Equipment or small home safety changes



## Why choose Northside Community Service

### Northside Community Service - a trusted local organisation

Northside Community Service has been working alongside older Canberrans for more than 50 years.

We are a local, not-for-profit organisation, which means:

- » we are part of the Canberra community
- » we focus on people, not profits
- » any money we receive is reinvested into local services
- » we provide clear, honest information
- » we take the time to listen

Our role is simple: to help people stay safe, comfortable, and independent at home for as long as possible.